



**Be aware of Your Way of Thinking – Your Health and Happiness  
Depend on It**

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**Abstract**

*Be always aware of your way of thinking because your health and happiness depend on this. Positive thoughts create light, clear the space, and remove obstacles, while negative thoughts create darkness, darken the space, create obstacles, and do not allow long-distance communications with other worlds. We need to teach our children to avoid negative thinking because while positive thinking creates harmony, negative thinking destroys the harmony. We should teach our children to think, not to just memorize facts because we have computers for this. Since negative thinking destroys existing harmony, many diseases come from negative thinking – I have done measurements to illustrate it, which I provide in this article. There are two ways of thinking – with our logical conscious mind on the surface of the brain (which uses the Digital Computer of our Conscious) or with our intuitive Mind (which uses the Quantum Computer in our Subconscious). The subconscious computer is Quantum Computer because it works with the waves of our emotional aura (Spirit), which makes us emotional, and which makes the access to the powerful Quantum Computer emotional. Everybody, who has done intuitive creative work, knows that only after watering with a lot of positive emotions the state of full intuitive creativity can be reached, which means that positive emotions activate the Quantum Computer and makes us intuitively creative.*

**Introduction**

What kind of society are we, if we know nothing about the importance of our way of thinking and our emotions? And this is because we choose to believe that we are only material body and we are material body and emotional Spirit (seen as aura), which makes us emotional. Even the ancient Jewish Cabala was teaching to high priest that the aura is our Spirit. Research of Dr. Valerie Hunt found that about 90% on the people living on planet Earth have frequency of their aura (Spirit) 200 Hz [1]. These are young Spirits happy to be in a material body, which allows them to enjoy good food and sex and they are not interested of anything else. They do not have spiritual interests and they are not interested in how their way of thinking influences their health and life.

These young Spirits live at the level material body and use only their Conscious Mind - product of their Digital Computer on the surface of the brain. They deny the existence of anything that is not material. They deny the fact that we have emotional Spirit (seen as aura), which makes us emotional. This was easy to do because the Spirit was put in the Subconscious to give us freedom of choice and we are not consciously aware of the existence of the Spirit. Also, they deny the fact that in our Subconscious we have a Quantum Computer working with the waves of the emotional Spirit [2]. This Quantum Computer is the source of our emotional thinking, intuition, intuitive creativity, clairvoyance, and telepathic abilities [3].

Dr. Valerie Hunt found that the people with clairvoyant and telepathic abilities have frequency of their aura (Spirit) 400 – 800 Hz [1]. These are spiritually high people (with high frequency of their aura (Spirit)) who have access to their Quantum Computer. Thus, we all have a Quantum Computer in the Subconscious, but only spiritually high people (who meet some moral criteria, i.e. are loving, forgiving, and helping others) have access to the powerful Quantum Computer. Now, when we started building Quantum Computers, I am warning: if we are wise, we should do what our Creator did – restrict the access to the powerful Quantum Computers, which we create.

All our organs must be ruled and regulated from the Subconscious because we don't have conscious awareness of their functioning. Probably, the organs are ruled and regulated by the Quantum Computer in the Subconscious [4], which operates with the waves of the emotional Spirit. This allows the functioning of our organs to be modulated by emotions [2]. Our emotional thinking is product of this Quantum Computer, which is the source our intuition, intuitive creativity, clairvoyance, and telepathic abilities. (Clairvoyance is ability to foresee the future and see the past, which means quantum jumps to the future and the past, and only Quantum Computers can do this; telepathic abilities are resonance of the Quantum Computers of two individuals) [3].

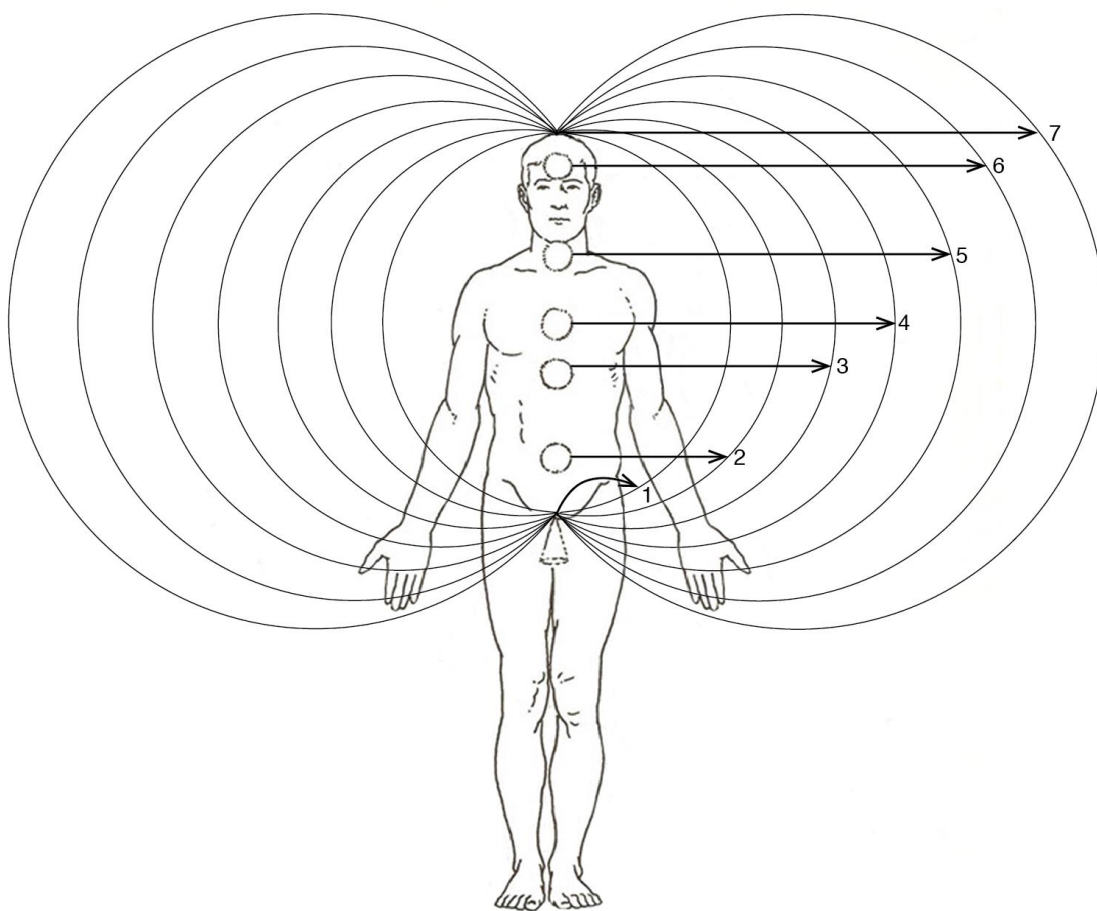
### **Positive Thinking Keeps Us Healthy and Happy**

Since the electromagnetic field of the Spirit is 1,000 times weaker than the electromagnetic field of the material body, I had to develop very sensitive equipment to be able to measure the weak field of the aura (Spirit), which I found to be nonlinear electromagnetic field (NEMF). Being nonlinear, this field can imprint information. This means that the weak NEMF of the Spirit rules and regulates everything in the body not

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with its strength, but with the information it carries. Thus, the field of the Spirit is weak informational field.

We started speaking about informational fields when we started building Quantum Computers. And here I am stating that we all have a Quantum Computer in the Subconscious (operating with the waves of the weak informational field of the Spirit), about the existence of which we are not consciously aware. Being NEMF, the aura (Spirit) has a chain of alternating: vortices (spinning clockwise) and anti-vortices (spinning counterclockwise) called chakras (Fig. 1). I measured with my sensitive equipment the NEMF of the aura (Spirit) at the chakras (which means spinning wheels in Sanskrit) and the results are plotted on Fig. 2.

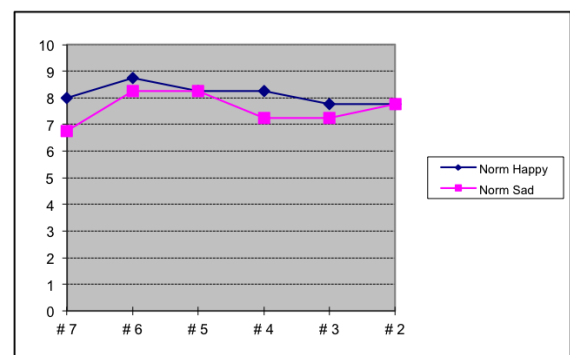
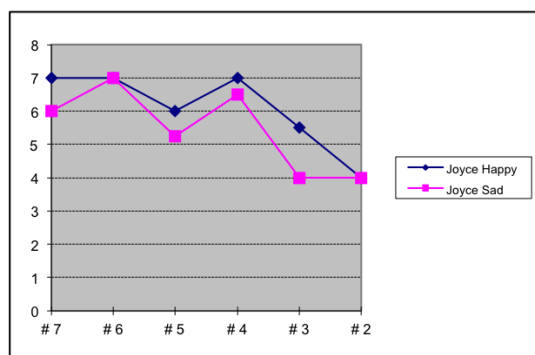
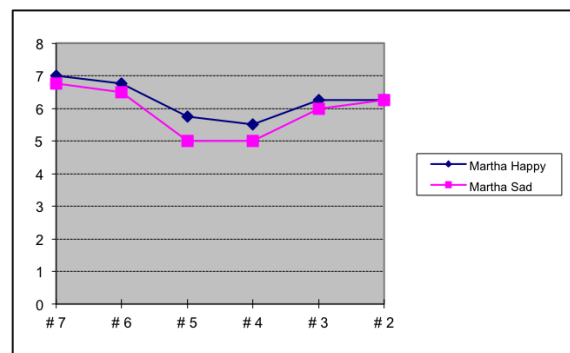
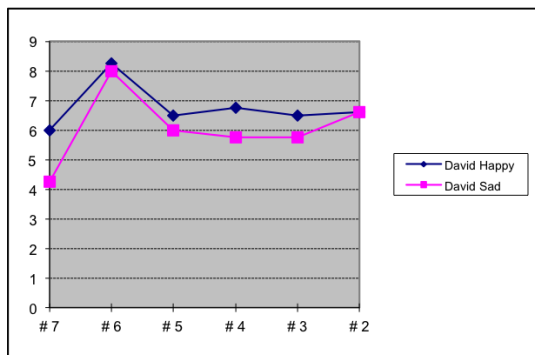


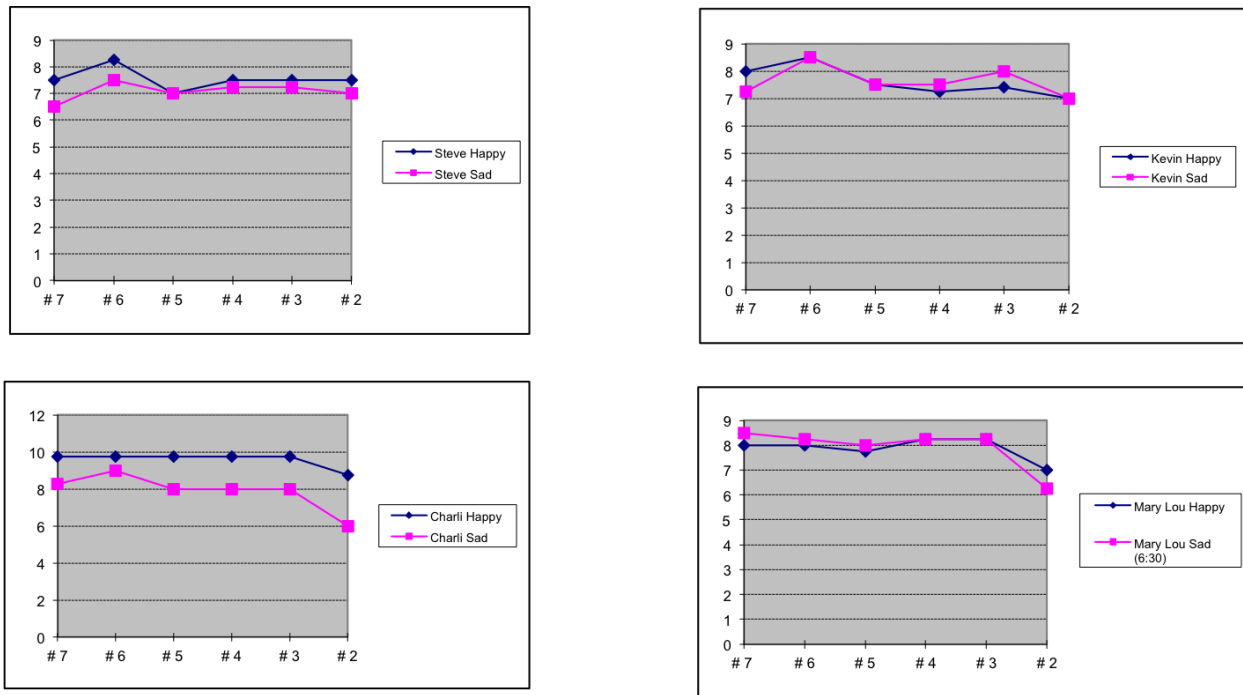
**Fig. 1:** The chain of alternating vortices and anti-vortices of the Spirit’s NEMF called chakras (spinning wheels) and their corresponding energy levels.

I measured with my sensitive equipment the chakras' energy of Spirit's NEMF of people when they think about the happiest moments of their lives (positive thinking). The results are presented on Fig. 2 by the upper blue curves. One can see that at positive thinking the energy is not only higher, it is better balanced. Since perfect balance means perfect health, this means that positive thinking makes us healthier.

**Negative Thinking Influences Negatively Our Health Making Us Sick**

I measured with my sensitive equipment the chakras' energy of Spirit's NEMF of people when they think about the most unhappy moments of their lives (negative thinking). The results are presented on Fig. 2 by the lower pink curves. One can see that at negative thinking the energy is not only lower, it is very unbalanced because the energy of the genetically inherited weak organ drops in energy maximum. The imbalance brought by negative thinking means that each negative thought moves us a step farther to a disease of the genetically inherited weak organ, which is different for different people. This agrees well with the findings of Selye that the same stress (negative emotions) creates different diseases in different individuals.





**Fig. 2:** The energy of the emotional Spirit (NEMF) measured at the chakras at positive thinking (upper curves) and negative thinking (lower curves)

### About the Emotional Energy

Thus, we are material body and Spirit NEMF seen as aura. While the body gets its energy from food, the emotional Spirit gets its energy from positive emotions. Since all our thoughts are emotionally colored, our emotional Spirit gets “some” energy from our positive thinking. The Russian scientist Shkatov invented and patented equipment that allows him to measure the spinning of the aura, which is our emotional Spirit (but he didn’t know this). He found that positive emotions make our aura (Spirit) to spin clockwise, while negative emotions make our aura (Spirit) to spin counterclockwise.

Nonlinear physics teaches that vortices spin clockwise and suck energy, while anti-vortices spin counterclockwise and emit energy. If so, positive emotions (or just positive thinking) increase the energy of the Spirit by making the aura (Spirit) NEMF to spin clockwise and suck NEMF energy. But to suck energy, a reservoir of NEMF energy must be available. Such reservoir of NEMF energy is the Space Matrix NEMF, from which the Universe was created. NEMF (being nonlinear) is the perfect material for creating a Universe – it does not dissipate and can imprint information [5].

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So, the Creator created this non-dissipating Space Matrix NEMF and imprinted on it the holographic image of the Universe to be and the Universe was created [5]. Positive emotions (or just positive thinking) make our emotional aura (Spirit) to spin clockwise and suck energy from the Space Matrix NEMF, which makes us feel in high Spirit. Negative emotions (or just negative thinking) make our emotional aura (Spirit) to spin counterclockwise and emit NEMF energy to the Space Matrix NEMF, which makes us feel in low Spirit.

### **Only Positive Emotions (or Just Positive Thinking) Give Access to the Subconscious Quantum Computer and Its Treasures**

Our superb creative Mind is manifestation of the Quantum Computer in our Subconscious. Since the Quantum Computer operates with the waves of the emotional aura (Spirit) NEMF, only positive emotions (or just positive thinking) give access to our superb Quantum Computer allowing us to use our superb creative Mind with its intuition, intuitive creativity, clairvoyance, and telepathic abilities [3].

### **Conclusion**

If you want to be healthy and happy, be sure that your thoughts are always positive and the emotions you experience are always positive. That is why Jesus' teaching was: "love one another, love your neighbors, and love your enemies", and if we really fail in something, it is in loving our enemies. Do not allow negative emotions or thoughts – love your enemies too.

## References

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